

# PIZZA HUT Canada Nutrition Information



	Serving Size	Weight (g)	Calories	Nutrition Facts									% Daily Value			
				Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron
<b>Meat</b>																
<b>Italian Classic Pizzas</b>																
6" Personal Pan Pizza®	1 slice - 1/4	62	170	7.0	3.0	0.1	15	380	19	1	1	9	4	0	8	10
9" Small Pan	1 slice - 1/6	90	220	9.0	3.5	0.2	2	530	24	2	2	11	8	0	10	10
12" Medium Pan	1 slice - 1/8	111	300	13.0	5.0	0.3	30	740	31	2	2	15	10	0	15	15
14" Large Pan	1 slice - 1/12	106	300	14.0	6.0	0.3	30	740	29	2	2	15	10	0	15	15
12" Medium Thin 'N Crispy®	1 slice	92	290	13.0	6.0	0.2	30	750	28	2	2	14	8	30	15	20
14" Large Thin 'N Crispy®	1 slice	89	280	13.0	6.0	0.3	30	760	26	2	2	14	8	30	15	15
12" Medium Stuffed Crust	1 slice	143	390	16.0	8.0	0.5	40	1160	39	2	3	21	15	30	30	20
14" Large Stuffed Crust	1 slice	151	410	18.0	9.0	0.5	45	1230	39	2	3	22	15	35	30	20
12" Medium Hand Tossed	1 slice	108	290	13.0	6.0	0.4	30	750	30	2	2	14	8	30	15	15
14" Large Hand Tossed	1 slice	102	280	13.0	6.0	0.3	30	750	27	2	2	13	8	30	15	15
<b>Tuscan Sausage Pizzas</b>																
6" Personal Pan Pizza®	1 slice	63	160	6.0	2.5	0.1	15	340	19	1	1	8	6	0	10	8
9" Small Pan	1 slice	81	200	8.0	3.0	0.1	20	460	24	2	2	10	8	0	10	10
12" Medium Pan	1 slice	110	290	11.0	5.0	0.2	30	640	32	2	3	15	10	0	15	15
14" Large Pan	1 slice	103	270	11.0	4.5	0.2	30	610	29	2	2	14	10	0	15	15
12" Medium Thin 'N Crispy®	1 slice	91	220	10.0	4.5	0.3	30	550	22	2	2	12	10	40	15	10
14" Large Thin 'N Crispy®	1 slice	86	250	10.0	4.5	0.2	30	630	27	2	2	13	8	35	15	15
12" Medium Stuffed Crust	1 slice	149	400	16.0	8.0	0.5	45	1200	40	2	3	22	15	35	35	20
14" Large Stuffed Crust	1 slice	150	390	16.0	8.0	0.5	45	1140	40	2	3	21	15	40	30	20
12" Medium Hand Tossed	1 slice	107	270	11.0	5.0	0.3	30	650	30	2	3	13	10	40	15	15
14" Large Hand Tossed	1 slice	99	250	10.0	4.5	0.3	30	610	27	2	2	12	8	35	15	10
<b>Venetian Pizzas</b>																
6" Personal Pan Pizza®	1 slice	61	170	7.0	2.5	0.2	15	360	19	1	1	8	4	0	10	8
9" Small Pan	1 slice	76	210	8.0	3.5	0.2	15	480	24	2	2	10	4	0	10	10
12" Medium Pan	1 slice	103	290	12.0	5.0	0.3	25	670	31	2	2	14	6	0	15	15
14" Large Pan	1 slice	99	280	13.0	5.0	0.3	25	680	29	2	2	14	6	0	15	15
12" Medium Thin 'N Crispy®	1 slice	84	270	12.0	5.0	0.3	25	630	28	2	2	13	4	4	15	15
14" Large Thin 'N Crispy®	1 slice	82	270	12.0	5.0	0.3	25	700	26	2	1	13	4	4	15	15
12" Medium Stuffed Crust	1 slice	138	380	16.0	8.0	0.5	33	110	39	2	3	20	10	6	30	20
14" Large Stuffed Crust	1 slice	143	400	17.0	8.0	0.5	40	1170	39	2	3	21	10	6	30	20
12" Medium Hand Tossed	1 slice	100	280	12.0	5.0	0.4	25	680	30	2	2	13	4	4	15	15
14" Large Hand Tossed	1 slice	94	270	12.0	5.0	0.4	25	680	26	2	2	13	4	4	15	15
<b>Canadian Pizzas</b>																
6" Personal Pan Pizza®	1 slice	59	160	6.0	2.5	0.1	15	360	19	1	1	8	2	0	8	8
9" Small Pan	1 slice	74	200	7.0	3.0	0.1	20	480	23	1	2	10	4	0	10	10
12" Medium Pan	1 slice	100	270	11.0	4.5	0.2	25	650	31	2	2	14	4	0	15	15
14" Large Pan	1 slice	93	260	10.0	4.5	0.2	25	600	28	2	2	13	4	0	15	15
12" Medium Thin 'N Crispy®	1 slice	81	250	10.0	4.5	0.2	25	660	27	1	1	13	4	2	15	15
14" Large Thin 'N Crispy®	1 slice	75	240	10.0	4.5	0.2	25	620	25	1	1	13	2	2	15	15
12" Medium Stuffed Crust	1 slice	138	420	18.0	8.0	0.3	40	1320	42	3	4	23	10	0	30	25
14" Large Stuffed Crust	1 slice	141	430	19.0	8.0	0.4	45	1350	43	3	4	23	10	0	30	25
12" Medium Hand Tossed	1 slice	97	260	10.0	4.5	0.3	25	660	29	1	2	13	4	2	15	15
14" Large Hand Tossed	1 slice	88	270	11.0	4.5	0.2	25	720	28	2	3	13	6	0	15	15
<b>Triple Crown® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	59	150	5.0	2.0	0.1	10	300	19	1	1	8	2	0	8	8
9" Small Pan	1 slice	74	180	6.0	2.5	0.1	15	400	23	1	2	9	4	0	10	10
12" Medium Pan	1 slice	100	250	9.0	4.0	0.2	20	540	31	2	2	13	6	0	15	15
14" Large Pan	1 slice	92	230	8.0	3.5	0.2	20	510	28	2	2	12	4	0	15	15
12" Medium Thin 'N Crispy®	1 slice	81	230	8.0	4.0	0.2	20	560	27	2	2	12	4	15	15	15
14" Large Thin 'N Crispy®	1 slice	75	220	8.0	3.5	0.2	20	530	25	1	2	12	4	15	15	15
12" Medium Stuffed Crust	1 slice	138	370	14.0	7.0	0.5	35	1080	39	2	3	19	10	15	30	20
14" Large Stuffed Crust	1 slice	141	370	15.0	7.0	0.5	35	1080	39	2	3	20	10	15	30	20
12" Medium Hand Tossed	1 slice	97	240	8.0	4.0	0.3	20	550	29	2	2	11	4	15	15	15
14" Large Hand Tossed	1 slice	88	220	8.0	3.5	0.3	20	510	26	1	2	10	4	15	15	10
<b>Hawaiian Pizzas</b>																
6" Personal Pan Pizza®	1 slice	68	170	6.0	3.0	0.1	15	370	20	1	2	10	4	0	10	8
9" Small Pan	1 slice	84	200	7.0	3.0	0.2	20	480	25	1	3	11	4	0	15	10
12" Medium Pan	1 slice	110	280	9.0	4.5	0.2	25	620	33	2	4	16	6	0	20	15
14" Large Pan	1 slice	102	260	9.0	4.0	0.2	25	580	30	2	4	15	6	0	20	10
12" Medium Thin 'N Crispy®	1 slice	91	260	9.0	4.5	0.2	25	640	29	2	3	15	4	2	20	15
14" Large Thin 'N Crispy®	1 slice	85	240	8.0	4.0	0.2	25	600	27	1	3	14	4	2	20	15
12" Medium Stuffed Crust	1 slice	145	380	14.0	7.0	0.5	40	1110	40	2	4	21	10	4	30	20
14" Large Stuffed Crust	1 slice	150	380	14.0	8.0	0.5	40	1120	41	2	5	22	10	4	35	20
12" Medium Hand Tossed	1 slice	107	260	9.0	4.5	0.3	25	630	31	2	4	14	4	2	20	10
14" Large Hand Tossed	1 slice	97	240	8.0	4.5	0.3	25	580	28	1	3	13	4	2	20	10
<b>The Edge® Meaty Pizzas</b>																
12" Med EDGE	1 slice	39	130	6.0	3.0	0.1	20	360	11	1	1	7	2	2	8	8
14" Large EDGE	1 slice	56	190	9.0	4.0	0.2	25	520	16	1	1	10	2	2	10	10
<b>The Edge® Works Pizzas</b>																
12" Med EDGE	1 slice	51	120	5.0	2.5	0.1	15	310	12	1	1	6	2	10	8	8
14" Large EDGE	1 slice	71	170	8.0	3.5	0.1	20	440	17	1	2	9	4	15	10	10
<b>Pepperoni Lover's® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	61	190	8.0	3.5	0.2	20	410	19	1	1	10	4	0	15	8
9" Small Pan	1 slice	74	220	9.0	4.0	0.2	20	520	23	1	1	12	4	0	15	10
12" Medium Pan	1 slice	101	310	13.0	6.0	0.3	30	730	31	2	2	17	6	0	20	15
14" Large Pan	1 slice	95	290	13.0	6.0	0.3	30	700	28	2	2	16	6	0	20	15
12" Medium Thin 'N Crispy®	1 slice	82	290	13.0	6.0	0.3	30	750	27	2	1	16	4	2	20	15
14" Large Thin 'N Crispy®	1 slice	78	280	13.0	6.0	0.3	30	720	25	1	1	15	4	2	20	15
12" Medium Stuffed Crust	1 slice	142	430	20.0	10.0	0.5	50	1300	39	2	2	23	10	4	30	20
14" Large Stuffed Crust	1 slice	146	440	21.0	10.0	0.5	50	1330	39	2	2	24	10	4	35	20

12" Medium Hand Tossed	1 slice	98	300	13.0	6.0	0.4	30	740	29	2	2	15	4	2	20	15
14" Large Hand Tossed	1 slice	91	280	13.0	6.0	0.4	30	700	26	2	2	14	4	2	20	15
<b>Meat Lover's® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	63	190	8.0	3.5	0.1	20	450	19	1	1	10	2	0	8	10
9" Small Pan	1 slice	81	230	10.0	4.0	0.2	30	600	23	2	2	12	4	0	10	10
12" Medium Pan	1 slice	107	310	13.0	6.0	0.2	35	790	31	2	2	17	4	0	15	15
14" Large Pan	1 slice	100	290	13.0	5.0	0.2	35	740	28	2	2	16	4	0	15	15
12" Medium Thin 'N Crispy®	1 slice	88	290	13.0	6.0	0.2	35	800	27	2	2	16	4	2	15	20
14" Large Thin 'N Crispy®	1 slice	82	270	12.0	5.0	0.2	35	760	25	2	1	15	2	2	15	15
12" Medium Stuffed Crust	1 slice	145	420	18.0	9.0	0.5	50	1290	39	2	3	23	10	4	30	20
14" Large Stuffed Crust	1 slice	149	430	19.0	9.0	0.5	55	1320	39	3	3	24	10	4	30	20
12" Medium Hand Tossed	1 slice	104	300	13.0	6.0	0.3	35	800	29	2	2	15	4	2	15	15
14" Large Hand Tossed	1 slice	95	270	12.0	5.0	0.3	35	740	26	2	2	14	4	2	15	15
<b>Supreme Lover's™ Pizzas</b>																
6" Personal Pan Pizza®	1 slice	65	170	7.0	3.0	0.1	15	390	19	1	1	9	2	0	10	10
9" Small Pan	1 slice	82	220	8.0	3.5	0.2	20	520	24	2	2	12	4	0	10	10
12" Medium Pan	1 slice	111	300	12.0	5.0	0.3	30	700	31	2	2	16	4	0	15	15
14" Large Pan	1 slice	102	270	11.0	5.0	0.2	30	650	29	2	2	15	4	0	15	15
12" Medium Thin 'N Crispy®	1 slice	91	280	11.0	5.0	0.3	30	720	28	2	2	15	4	8	15	20
14" Large Thin 'N Crispy®	1 slice	85	260	11.0	5.0	0.2	30	670	26	2	1	14	4	6	15	15
12" Medium Stuffed Crust	1 slice	146	400	18.0	8.0	0.5	45	1200	39	3	3	22	10	8	30	20
14" Large Stuffed Crust	1 slice	152	410	18.0	9.0	0.5	45	1240	40	3	3	23	10	8	30	20
12" Medium Hand Tossed	1 slice	107	280	11.0	5.0	0.4	30	710	30	2	2	15	4	8	15	15
14" Large Hand Tossed	1 slice	97	260	11.0	5.0	0.3	30	650	26	2	2	13	4	6	15	15
<b>Pepperoni Only Pizzas</b>																
6" Personal Pan Pizza®	1 slice	52	160	6.0	2.5	0.1	10	330	18	1	1	8	2	0	8	8
9" Small Pan	1 slice	66	190	7.0	3.0	0.2	15	450	23	1	1	9	4	0	10	10
12" Medium Pan	1 slice	90	270	10.0	4.5	0.2	20	620	30	2	2	13	4	0	15	15
14" Large Pan	1 slice	83	240	9.0	4.0	0.2	20	560	28	2	2	12	4	0	15	15
12" Medium Thin 'N Crispy®	1 slice	71	250	10.0	4.5	0.2	20	630	27	1	1	13	4	2	15	15
14" Large Thin 'N Crispy®	1 slice	65	230	9.0	4.0	0.2	20	580	25	1	1	12	2	2	15	15
12" Medium Stuffed Crust	1 slice	127	360	14.0	7.0	0.5	35	1080	38	2	2	19	10	4	30	20
14" Large Stuffed Crust	1 slice	128	370	15.0	7.0	0.5	35	1080	38	2	2	19	10	4	30	20
12" Medium Hand Tossed	1 slice	87	250	10.0	4.5	0.3	20	630	29	2	2	12	4	2	15	15
14" Large Hand Tossed	1 slice	78	230	9.0	4.0	0.3	20	560	25	1	2	11	4	2	15	10
<b>Chicken</b>																
<b>Chicken Lover's Deluxe® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	61	150	4.5	2.0	0.1	10	310	19	1	1	8	2	0	8	8
9" Small Pan	1 slice	79	180	5.0	2.0	0.1	15	410	24	2	2	10	4	0	10	10
12" Medium Pan	1 slice	105	250	7.0	3.0	0.2	20	540	31	2	2	14	4	0	15	15
14" Large Pan	1 slice	96	230	7.0	3.0	0.2	20	500	29	2	2	13	4	0	15	10
12" Medium Thin 'N Crispy®	1 slice	86	230	7.0	3.5	0.2	20	560	28	2	2	13	4	15	15	15
14" Large Thin 'N Crispy®	1 slice	79	210	7.0	3.0	0.2	20	520	26	1	2	12	4	10	15	15
12" Medium Stuffed Crust	1 slice	140	350	12.0	6.0	0.4	35	1040	39	2	3	20	10	10	30	15
14" Large Stuffed Crust	1 slice	144	350	12.0	6.0	0.4	35	1040	39	2	3	20	10	15	30	15
12" Medium Hand Tossed	1 slice	102	230	7.0	3.5	0.3	20	550	30	2	2	12	4	15	15	10
14" Large Hand Tossed	1 slice	92	210	6.0	3.0	0.3	20	500	26	2	2	11	4	10	15	10
<b>Chicken Caesar Pizzas</b>																
6" Personal Pan Pizza®	1 slice	53	150	5.0	2.0	0.1	15	320	18	1	1	8	2	0	6	8
9" Small Pan	1 slice	65	180	6.0	2.5	0.1	20	410	22	1	1	10	2	0	6	10
12" Medium Pan	1 slice	89	250	9.0	3.5	0.2	25	560	30	1	1	13	2	0	10	10
14" Large Pan	1 slice	84	230	8.0	3.5	0.2	25	520	28	1	1	12	2	0	10	10
12" Medium Thin 'N Crispy®	1 slice	70	230	8.0	3.0	0.2	25	660	27	1	1	12	2	0	10	15
14" Large Thin 'N Crispy®	1 slice	67	220	8.0	3.0	0.2	20	620	25	1	1	11	2	0	10	15
12" Medium Stuffed Crust	1 slice	120	340	13.0	6.0	0.4	35	1090	38	2	2	18	8	0	20	15
14" Large Stuffed Crust	1 slice	135	380	14.0	7.0	0.5	40	1190	42	2	2	20	8	2	25	20
12" Medium Hand Tossed	1 slice	89	250	8.0	3.5	0.3	25	670	31	1	2	12	2	0	10	15
14" Large Hand Tossed	1 slice	83	230	8.0	3.0	0.3	20	630	28	1	1	11	2	0	10	10
<b>Grilled Chicken Italiano Pizzas</b>																
6" Personal Pan Pizza®	1 slice	66	150	4.5	2.0	0.1	10	320	19	1	1	8	6	0	8	8
9" Small Pan	1 slice	85	180	5.0	2.5	0.1	15	430	24	2	2	10	8	0	10	10
12" Medium Pan	1 slice	113	250	7.0	3.5	0.2	20	570	32	2	2	14	10	0	15	15
14" Large Pan	1 slice	104	230	7.0	3.0	0.2	20	520	29	2	2	13	10	0	15	15
12" Medium Thin 'N Crispy®	1 slice	94	230	7.0	3.5	0.2	20	590	28	2	2	13	10	45	15	15
14" Large Thin 'N Crispy®	1 slice	87	220	7.0	3.0	0.2	20	540	26	2	2	12	8	45	15	15
12" Medium Stuffed Crust	1 slice	147	360	13.0	7.0	0.4	35	1060	39	2	3	20	15	40	30	20
14" Large Stuffed Crust	1 slice	153	360	13.0	6.0	0.5	35	1070	40	2	3	21	15	45	30	20
12" Medium Hand Tossed	1 slice	110	240	7.0	3.5	0.3	20	580	30	2	2	13	10	45	15	15
14" Large Hand Tossed	1 slice	100	220	7.0	3.0	0.3	20	530	27	2	2	12	10	45	10	10
<b>Chicken Florentine Pizzas</b>																
6" Personal Pan Pizza®	1 slice	63	150	5.0	2.0	0.1	15	340	19	1	1	9	6	0	10	8
9" Small Pan	1 slice	82	190	6.0	2.5	0.1	15	460	24	2	2	11	8	0	10	10
12" Medium Pan	1 slice	109	260	8.0	3.5	0.2	25	620	32	2	2	15	10	0	15	15
14" Large Pan	1 slice	100	240	8.0	3.5	0.2	20	570	29	2	2	14	10	0	15	15
12" Medium Thin 'N Crispy®	1 slice	90	240	8.0	3.5	0.2	20	640	28	2	2	14	10	35	15	15
14" Large Thin 'N Crispy®	1 slice	83	220	7.0	3.5	0.2	20	590	26	2	2	13	10	30	15	15
12" Medium Stuffed Crust	1 slice	143	360	13.0	7.0	0.5	35	1090	39	2	3	21	15	30	30	20
14" Large Stuffed Crust	1 slice	148	370	13.0	7.0	0.5	40	1120	40	2	3	21	15	35	30	20
12" Medium Hand Tossed	1 slice	106	240	8.0	4.0	0.3	20	630	30	2	2	13	10	35	15	15
14" Large Hand Tossed	1 slice	96	220	7.0	3.5	0.3	20	570	27	2	2	12	10	30	15	10
12" Medium EDGE	1 slice	83	210	7.0	3.5	0.2	20	570	23	2	2	13	10	35	15	15
<b>Veggie</b>																
<b>Bruschetta Pizzas</b>																
6" Personal Pan Pizza®	1 slice	58	130	4.0	1.0	0.1	5	260	19	1	1	6	2	0	6	8
9" Small Pan	1 slice	77	160	4.5	1.5	0.1	5	350	24	2	2	7	4	0	6	10
12" Medium Pan	1 slice	102	220	7.0	2.0	0.2	10	480	32	2	2	9	6	0	10	15
14" Large Pan	1 slice	94	210	6.0	2.0	0.2	10	440	30	2	2	9	6	0	8	15
12" Medium Thin 'N Crispy®	1 slice	83	200	6.0	2.0	0.2	10	490	28	2	2	9	4	8	10	15
14" Large Thin 'N Crispy®	1 slice	77	190	6.0	2.0	0.1	10	460	27	2	2	8	4	6	8	15
12" Medium Stuffed Crust	1 slice	132	320	11.0	5.0	0.4	25	950	39	2	3	15	10	8	20	20

14" Large Stuffed Crust	1 slice	141	330	12.0	5.0	0.4	25	970	40	2	3	16	10	8	25	20
12" Medium Hand Tossed	1 slice	99	210	6.0	2.0	0.3	10	490	30	2	2	8	4	8	8	15
14" Large Hand Tossed	1 slice	90	190	6.0	2.0	0.2	10	440	27	2	2	7	4	6	8	10
Garlic Tomato Bruschetta- 9" Small Hand Tossed	1 Slice	68	220	11.0	3.0	0.3	10	620	22	1	2	7	6	6	10	10
<b>Veqgie Mediterranean Pizzas</b>																
6" Personal Pan Pizza®	1 slice	59	140	4.5	2.0	0.1	10	300	19	1	1	6	6	0	6	8
9" Small Pan	1 slice	78	170	5.0	2.0	0.1	10	400	24	1	2	8	8	0	8	10
12" Medium Pan	1 slice	103	240	7.0	3.0	0.2	15	540	31	2	2	11	10	0	10	15
14" Large Pan	1 slice	95	220	7.0	3.0	0.2	15	500	29	2	2	10	10	0	10	10
12" Medium Thin 'N Crispy®	1 slice	84	220	7.0	3.0	0.2	15	560	28	2	2	10	10	35	10	15
14" Large Thin 'N Crispy®	1 slice	78	200	7.0	3.0	0.2	15	520	26	1	2	9	8	30	10	15
12" Medium Stuffed Crust	1 slice	134	330	11.0	6.0	0.4	25	1000	39	2	3	16	15	30	20	15
14" Large Stuffed Crust	1 slice	142	340	13.0	6.0	0.4	30	1040	40	2	3	17	15	35	25	15
12" Medium Hand Tossed	1 slice	100	220	7.0	3.0	0.3	15	550	30	2	2	9	10	35	10	10
14" Large Hand Tossed	1 slice	90	200	6.0	3.0	0.3	15	500	27	1	2	9	10	30	10	10
<b>Greek Pizzas</b>																
6" Personal Pan Pizza®	1 slice	61	150	4.5	2.0	0.1	10	300	19	1	1	6	2	0	6	8
9" Small Pan	1 slice	80	180	6.0	2.0	0.1	10	400	24	1	2	8	4	0	8	10
12" Medium Pan	1 slice	106	240	8.0	3.0	0.2	15	540	32	2	2	11	6	0	10	15
14" Large Pan	1 slice	97	220	7.0	3.0	0.2	15	490	29	2	2	10	6	0	10	10
12" Medium Thin 'N Crispy®	1 slice	87	220	8.0	3.0	0.2	15	550	28	1	2	10	4	4	10	15
14" Large Thin 'N Crispy®	1 slice	80	210	7.0	3.0	0.2	15	520	26	1	2	9	4	4	10	15
12" Medium Stuffed Crust	1 slice	139	340	13.0	6.0	0.4	30	1020	39	2	3	17	10	6	25	10
14" Large Stuffed Crust	1 slice	145	350	13.0	6.0	0.4	30	1030	40	2	3	17	10	6	25	15
12" Medium Hand Tossed	1 slice	103	230	8.0	3.0	0.3	15	550	30	2	2	9	4	4	10	10
14" Large Hand Tossed	1 slice	93	210	7.0	3.0	0.3	15	500	27	1	2	9	4	4	10	10
<b>The Edge® Veggie Pizzas</b>																
12" Med EDGE	1 slice	44	100	3.5	1.5	0.1	10	220	12	1	1	5	2	10	8	6
14" Large EDGE	1 slice	62	140	4.5	2.5	0.1	10	320	17	1	1	7	4	15	10	10
<b>Veggie Lover's® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	67	150	4.5	2.0	0.1	10	270	20	1	1	7	4	0	8	8
9" Small Pan	1 slice	86	170	5.0	2.0	0.1	10	350	24	2	2	9	4	0	10	10
12" Medium Pan	1 slice	114	240	7.0	3.0	0.2	15	470	32	2	3	12	6	0	15	15
14" Large Pan	1 slice	115	220	7.0	3.0	0.2	15	430	29	2	2	11	6	0	15	10
12" Medium Thin 'N Crispy®	1 slice	94	220	7.0	3.0	0.2	15	550	29	2	3	11	6	0	15	15
14" Large Thin 'N Crispy®	1 slice	87	210	6.0	3.0	0.2	15	510	27	2	3	11	6	0	15	15
12" Medium Stuffed Crust	1 slice	147	350	12.0	6.0	0.4	30	980	40	3	2	18	10	15	30	20
14" Large Stuffed Crust	1 slice	153	350	12.0	6.0	0.4	30	960	40	2	3	18	10	20	30	20
12" Medium Hand Tossed	1 slice	110	220	7.0	3.5	0.3	15	480	30	2	3	10	6	20	15	10
14" Large Hand Tossed	1 slice	100	200	6.0	3.0	0.3	15	440	27	2	2	10	4	15	15	10
<b>Cheese Lover's Plus® Pizzas</b>																
6" Personal Pan Pizza®	1 slice	60	170	6.0	3.0	0.2	15	340	19	1	1	9	4	0	15	8
9" Small Pan	1 slice	74	200	7.0	3.5	0.2	15	430	23	1	1	11	4	0	15	10
12" Medium Pan	1 slice	100	280	11.0	5.0	0.3	25	600	31	2	2	15	6	0	20	15
14" Large Pan	1 slice	93	260	10.0	4.5	0.2	25	560	28	2	2	14	6	0	20	15
12" Medium Thin 'N Crispy®	1 slice	80	260	10.0	5.0	0.3	25	670	28	2	2	14	6	0	20	15
14" Large Thin 'N Crispy®	1 slice	76	250	10.0	5.0	0.2	25	640	26	2	2	14	6	0	20	15
12" Medium Stuffed Crust	1 slice	142	400	16.0	8.0	0.5	40	1140	41	2	3	21	10	4	30	20
14" Large Stuffed Crust	1 slice	148	410	17.0	8.0	0.5	40	1170	42	2	3	22	10	4	35	20
12" Medium Hand Tossed	1 slice	100	270	10.0	5.0	0.4	25	630	31	2	2	14	4	2	20	15
14" Large Hand Tossed	1 slice	93	260	10.0	5.0	0.4	25	590	28	1	2	13	4	2	20	10
<b>Cheese Only Pizzas</b>																
6" Personal Pan Pizza®	1 slice	56	160	6.0	3.0	0.1	15	310	19	1	1	9	4	0	10	8
9" Small Pan	1 slice	67	190	6.0	3.0	0.2	15	380	23	1	1	10	4	0	15	10
12" Medium Pan	1 slice	91	260	9.0	4.5	0.2	20	520	30	2	2	14	6	0	20	15
14" Large Pan	1 slice	84	240	8.0	4.0	0.2	20	480	28	2	2	13	6	0	20	10
12" Medium Thin 'N Crispy®	1 slice	71	240	9.0	4.5	0.2	20	600	28	2	2	13	6	0	20	15
14" Large Thin 'N Crispy®	1 slice	67	230	8.0	4.0	0.2	20	560	26	1	2	13	6	0	20	15
12" Medium Stuffed Crust	1 slice	119	360	14.0	7.0	0.5	35	1020	38	2	2	20	10	4	30	15
14" Large Stuffed Crust	1 slice	130	370	14.0	7.0	0.5	35	1020	38	2	2	20	10	4	35	15
12" Medium Hand Tossed	1 slice	87	240	8.0	4.5	0.3	20	530	29	1	2	12	4	2	20	10
14" Large Hand Tossed	1 slice	80	220	8.0	4.0	0.3	20	490	26	1	2	12	4	2	20	10
<b>P'Zone pizza</b>																
Pepperoni	1/2 P'Zone	200	710	26.0	10.0	0.5	45	1650	86	4	5	32	8	0	30	45
Meaty	1/2 P'Zone	224	750	28.0	11.0	0.5	60	1790	87	5	5	36	8	0	30	50
Cheesy	1/2 P'Zone	224	780	32.0	15.0	0.5	70	1920	88	4	5	38	20	0	50	45
Canadian	1/2 P'Zone	226	730	28.0	10.0	0.5	55	1740	87	4	5	34	8	0	30	45
Classic	1/2 P'Zone	220	710	25	10	0.4	50	1540	88	5	6	31	8	0	30	45
<b>Pizza Mia Pizza</b>																
Pepperoni	1 slice	74.25	210	6	2.5	0.2	10	520	28	2	2	9	4	4	8	15
Cheese	1 slice	78.09	220	7	3	0.3	15	490	29	1	2	10	4	4	15	10
Mushroom	1 slice	80.5	190	5	2	0.2	10	440	29	1	2	8	4	4	8	10
<b>Panormous Pizza</b>																
Pepperoni	1 slice	91.11	300	15	4.5	0.3	20	540	29	2	1	12	2	2	10	15
<b>Appetizers</b>																
Breadstick	5m (10 pc)	236	900	41	5	0.5	5	1160	111	4	2	22	2	0	6	40
Breadstick with Cheese	5m (10 pc)	303	1120	55	14	1	55	1580	113	5	3	41	10	2	50	45
Breadstick Sauce	dip cup	85	45	0.5	0.1	0	0	340	8	2	5	1	8	20	0	2
Garlic Bread	1 piece	44	130	6	1.5	0.1	0	250	18	1	1	3	4	0	2	8
Garlic Bread with Cheese	1 piece	64	190	10	4	0.2	15	360	18	1	1	8	6	0	15	8
Bruschetta	1 slice	68	190	9	2.5	0.1	10	520	20	1	1	7	4	4	8	10
BBQ Wings	6 pieces	153	280	16	4	0.1	170	1020	5	2	0	28	4	4	10	10
Medium Wings	6 pieces	153	320	20	5	0.1	195	1180	2	2	0	34	8	8	4	8
Hot Wings	6 pieces	153	290	17	4.5	0.1	165	1700	1	1	0	32	4	6	6	10
Pesto Chicken Spinrolls or Quesadillas	2 pieces	141	280	14.0	4.0	0.3	20	740	30	2	3	10	4	15	10	10
<b>Salads &amp; Dressings</b>																
Caesar Salad with Dressing	side	154	310	23	5.0	2.5	20	830	19	2	2	8	60	20	10	15
Chieken Caesar Salad	side	201	370	24	6.0	2.5	40	1180	20	2	3	18	60	20	10	20
Greek Salad without Dressing	side	214	120	7	3.0	0.1	15	290	7	2	3	6	70	25	10	4
Garden Salad without Dressing	side	190	160	7	1.5	2.5	0	380	20	2	3	4	70	35	4	15

Warm Spinach Salad	meal	243	230	11	2.5	0.1	50	990	12	2	6	22	15	10	4	8
BLT Salad	side	165	300	20	8.0	2.5	45	800	18	2	2	14	70	20	20	15
Caesar Dressing	side	28 (1oz)	120	13	2.0	0.2	10	260	1	0	0	1	0	0	2	0
Sweet Italian Dressing	side	28 (1oz)	140	13	2.0	0.1	0	160	4	0	2	0	0	0	0	0
Honey Mustard Dressing	side	28 (1oz)	45	1	0.4	0.0	0	170	7	1	5	1	15	0	2	2
Ranch Dressing	side	28 (1oz)	120	13	1.5	0.1	10	230	2	0	1	0	0	0	0	0
French Dressing	side	28 (1oz)	110	10	1.5	0.1	0	240	4	0	3	0	2	0	0	0

### Sandwiches

Club Sandwich	1 Sandwich	325	540	12.0	7.0	0.2	65	1710	69	4	4	38	30	15	15	20
Buffalo Chicken Sandwich	1 Sandwich	310	790	32.0	4.0	0.5	55	2630	100	4	6	28	15	6	4	25
Meatball Sandwich	1 Sandwich	467	1000	44.0	22.0	0.5	100	3340	105	13	20	48	10	80	35	60
Chicken Parmesan Sandwich	1 Sandwich	314	730	51.0	9.0	0.3	65	2040	91	3	5	34	10	10	15	25
Chicken Pesto Sandwich	1 Sandwich	311	650	26.0	8.0	0.5	60	1930	70	5	3	37	15	150	25	25

### Pastas

Tuscani Chicken Alfredo Baked Pasta	Individual Size	282	528	28	11	1	75	1560	38	3	3	31	8	8	40	20
Tuscani Chicken Alfredo Baked Pasta	Pairs size (2 pieces)	307	518	26	8	0.5	45	1370	50	3	3	21	6	4	20	15
Tuscani Chicken Alfredo Baked Pasta	Family size ( 4pieces)	308	522	26	8	0.5	45	1360	51	3	3	21	6	4	20	20
Tuscani Bacon Mac 'n Cheese	Ind. Size	251	540	31	17	1	75	1450	38	2	3	27	10	4	50	20
Tuscani Bacon Mac 'n Cheese	Pairs size	307	583	31	17	1	60	1480	52	3	4	24	10	2	40	15
Tuscani Bacon Mac 'n Cheese	Family size	306	574	30	17	1	60	1480	52	3	4	24	10	2	40	15
Tuscani Lasagna	Ind. Size	339	650	38	17	1	105	620	42	4	8	37	2	35	40	70
Tuscani Lasagna	Pairs size	298	530	31	13	0.5	80	320	36	3	8	27	0	35	20	60
Tuscani Lasagna	Family size	310	550	31	13	0.5	85	340	39	3	8	28	0	35	20	60
Tuscani Meaty Marinara baked Pasta	Ind. Size	268	501	25	11	0.5	65	390	41	3	6	28	2	25	30	60
Tuscani Meaty Marinara baked Pasta	Pairs size	307	500	23	9	0.3	55	120	48	4	7	23	0	30	10	60
Tuscani Meaty Marinara baked Pasta	Family size	306	504	24	9	0.3	55	115	49	4	7	23	0	30	10	60
Chicken Pomodoro	meal size	727	1110	68	8.0	1.0	50	3150	90	7	8	35	30	45	20	30
Spaghetti and Meat Sauce	meal size	612	710	25	5.0	1.5	40	1460	91	6	15	27	2	50	15	40
Spaghetti and Tomato Sauce	meal size	492	460	4.5	2.0	0.2	10	1080	87	7	15	18	20	50	10	25
Cheese Cavatini	meal size	600	1520	58.0	33.0	2.0	170	3650	158	17	37	93	80	130	150	45
Penne Genovese	meal size	641	900	50.0	16.0	1.0	115	1710	74	6	9	42	15	0	35	25
Spicy Italian Sausage Pasta	meal size	699	1160	64.0	14.0	0.5	100	5600	112	17	35	35	6	0	25	70
Grilled Chicken Breast Strips (optional)	Side	47	50	1	0.3	0.0	20	360	1	1	0	10	0	2	0	2
Meatballs (optional)	3 pieces	37	110	9	4.0	0.1	20	260	3	1	0	6	0	0	2	6

### Dipping Sauces

Marinara Dipping Sauce	1 dip cup	85	45	0	0	0	0	380	9	2	6	2	4	8	2	4
Roasted Garlic Dipping Sauce	1 dip cup	40	230	24	3.5	0.4	15	250	4	0	1	0	0	0	0	0
Ranch Dipping Sauce	1 dip cup	41	200	22	3.5	0.3	10	410	2	0	1	1	0	0	2	0
Roasted Red Pepper Dipping Sauce	1 dip cup	39	190	20	3.0	0.2	15	340	2	0	1	0	2	0	0	0

### Desserts

Brownie	1 piece	80	250	9	4.5	0.2	20	600	28	2	2	13	6	6	20	15
Cinnaparts®	1 slice	71	240	5	0.5	0.1	0	230	44	1	16	5	0	0	2	15
Chocolate Fudge Turtle Cake	1 slice	125	500	31	10	1.5	40	420	51	2	31	5	2	0	10	30
Macintosh Apple Cheesecake	1 slice	125	320	18	10	1.5	80	170	35	1	22	5	6	2	4	10
Dessert Pizza with Apple Topping	1 slice	45	130	2	0.3	0.1	0	160	24	1	5	4	0	0	0	8
Dessert Pizza with Cherry Topping	1 slice	45	120	2	0.3	0.1	0	160	24	1	4	4	0	0	0	8
Chocolate Dunker	1 piece	32	130	6	1.5	0.1	0	90	15	1	4	2	0	0	2	6

### Wing Street Wings

Traditional	2 wings	33	80	5	1	0	40	250	0	0	1	8	0	0	0	2
Bone-In Breaded	2 wings	56	180	12.0	1.5	0.1	40	390	11	0	1	9	2	0	2	4
Bone-Out Breaded	2 wings	42	130	7.0	0.5	0.0	20	400	9	0	1	7	0	0	0	4

### Wing Street Sauces

Buffalo Mild Wing Sauce	each	17	35	0.5	0.1	0.1	0	460	7	0	1	0	0	0	0	0
Buffalo Medium Wing Sauce	each	17	35	0.5	0.1	0.1	0	460	7	0	1	0	0	0	0	0
Buffalo Burning Hot Wing Sauce	each	17	30	0.5	0.1	0.1	0	440	7	0	1	0	0	0	0	0
Honey BBQ Sauce	each	23	60	0.1	0.1	0.0	0	190	13	0	10	0	0	0	0	2
Spicy BBQ Sauce	each	23	80	0.3	0.1	0.1	0	570	20	0	16	0	4	0	2	2
Teriyaki Sauce	each	23	50	0.1	0.0	0.0	0	360	11	0	9	1	0	0	6	2

### Wing Street Side Items

WS Apple Pie	1 Pie	47	170	9.0	2.0	1.5	0	140	20	1	8	1	2	0	0	4
WS Taters	single serving	113	350	21.0	5.0	8.0	0	1150	37	5	0	4	2	0	4	6
WS Fried Cheese Stick	2 Pc	100	264	11.1	6.4	0.4	39	884	28	1	3	12.5	11	0	24	11

Substitution of ingredients may alter nutritional values. Menu items and hours of availability may vary at participating locations. Although this data is based on standard portion product guidelines, variation can be expected due to seasonal influences, minor differences in product assembly per restaurant and other factors. Except for limited time offerings or test market items, menu product as of this printing are included in this brochure. Product data is based on current formulation as of date of publication. If you have any questions about Pizza Hut and nutrition or are particularly sensitive to specific ingredients or foods, please contact us at 1-866-664-5696 or visit us on the web at [www.pizzahut.ca](http://www.pizzahut.ca). Nutrition Facts current as of January 2009.