



PIZZA HUT CANADA INGREDIENT LISTINGS & ALLERGENS

Detailed Information

****Note: all bolded ingredients are allergens****

BREADS

1. Garlic Bread:

Dough: **unbleached enriched flour**, water, vegetable oil (**soybean**), shortening (**partially hydrogenated soybean oil and cottonseed oil**), salt, glucose-fructose/sugar, yeast, **whey powder**, calcium propionate, mono-diglycerides, canola oil, **ascorbic acid**, L-cysteine hydrochloride, azodicarbonamide, enzymes, yellow cornmeal. Spread: margarine (**liquid soya oil, hydrogenated soya oil**, water, salt, **whey powder, soya lecithin**, sodium benzoate, mono & diglycerides, artificial flavours, vitamin A, vitamin D3, and may contain annatto colour), water, garlic, **citric acid**, potassium sorbate

CHEESE

1. Cheese Curds:

Pasteurized milk, bacterial culture, salt, rennet

2. Mozzarella - Diced:

Parmalat (Ontario): **Partly skimmed milk**, bacterial culture, salt, calcium chloride, microbial rennet

Agropur (West excluding BC, east): **Pasteurized partly skim milk, modified milk ingredients***, bacterial culture, salt, calcium chloride, microbial rennet, (*may contain)

Saputo (Quebec & BC): **Pasteurized milk, modified milk ingredients**, bacterial culture, salt, calcium chloride, microbial enzyme.

3. Feta Cheese:

Modified milk ingredients, salt, lipase, microbial enzyme, calcium chloride, bacterial culture, cellulose.

4. Grated Parmesan:

Modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride, lipase, cellulose.



5. Mozzarella String Cheese Product (for stuffed crust):

Partly skimmed cow milk, modified milk ingredients, salt, sodium citrate, bacterial culture, sodium phosphate, water, natural flavour, enzymes (microbiological & animal sourced), calcium chloride, microbial enzymes, sorbic acid

6. Parmesan Cube (Quebec):

Cheese (**milk**, bacterial culture, salt, rennet, and/or pepsin, and/or microbial enzyme, calcium chloride, lipase) **modified milk ingredients**, sodium citrate, salt, **citric acid**, sorbic acid.

DESSERTS

1. Apple Pizza Topping:

Diced apples, high fructose corn syrup, water, sugar, food starch-modified (corn), apple juice concentrate, spice, xanthan gum, salt, **citric acid** and natural flavour.

2. Chocolate Fudge Turtle Cake

Eggs, Vegetable Oil, Sugar, Flour, Cocoa Powder, **Buttermilk Powder**, Food Starch, Baking powder, Baking Soda, Salt, Water, **35 % Cream (Milk Ingredients)**, Dextrose, Carrageenan, Mono & Diglycerides Cellulose Gum, Polysorbate 80, Sodium Citrate) Dark Chocolate Flavour-A-Peel (Sugar, Palm Kernel and Partially Hydrogenated Palm Oils, Cocoa, **Whey, Non Fat Milk**, Sorbitan Monostearate, **Lecithin**, Pure Vanilla, Vanillin), Chocolate Glaze (sugar, vegetable fat, fat-reduced cocoa powder, hydrogenated vegetable fat, **soya lecithin**, vanillin), Caramel (corn syrup, sugar, **milk**, fructose, hydrogenated **coconut oil, butter**, mono and diglycerides, salt, **soy lecithin**, vanillin), Canola Oil, Turtles Candy (sugar, glucose, **pecans, milk ingredients**, cocoa butter, unsweetened chocolate, hydrogenated **soybean oil** (contains **citric acid**), **soya lecithin**, salt, artificial and natural flavours (contain caramel colour), **Eggs, Soy margarine**, Glucose, **Pecan**, Coffee.

3. MacIntosh Apple Cheesecake

Apple Filling (apples, sugar, glucose-fructose, water, **modified corn starch**, malic acid, salt, potassium sorbate, guar gum, locust bean gum, xanthan gum, sulphates), **Cream Cheese: (milk ingredients**, bacterial culture, salt, carob bean gum, guar gum, microbial enzyme), Sugar, **Sour Cream (Milk Ingredients, Modified Corn Starch**, Guar Gum, Carrageenan, Locust Bean Gum, Sodium Citrate, Bacterial Culture), **Eggs, Wheat Flour**, Caramel (corn syrup, sugar, **milk**, fructose, **hydrogenated coconut oil, butter**, mono and diglycerides, salt, **soy lecithin**, vanillin), **Butter, Soy Margarine**, Brown Sugar, 35% **Whipped Cream: (Milk Ingredients**, Dextrose, Carrageenan, Mono and Diglycerides Cellulose Gum, Polysorbate 80, Sodium Citrate) Oats, Pure Vanilla, **Milk**, Ground Cinnamon.



4. Carmel Sundae Topping:

Sugar/glucose-fructose, water, **modified milk ingredients**, corn starch, salt, disodium phosphate, potassium sorbate, mono and diglycerides, xanthan gum, artificial flavour, colour.

5. Cherry Dessert Topping:

Cherries, water, sugar, high fructose corn syrup, food starch-modified (corn), salt, potassium sorbate (preservative), xanthan gum, gellan gum, erythorbic acid to protect colour, red 40 colour and artificial flavour (**almond flavour**)

6. Chocolate Sundae Topping:

Sugar/glucose-fructose, water, cocoa, modified corn starch, carrageenan, salt, artificial flavour

7. Cinnaparts:

Dough: Salt, sugar, yeast (*saccharomyces cerevisiae*), **wheat flour**, monoglycerides (vegetable origin), diacetyl tartaric esters of mono-di glycerides of fatty acids (vegetable origin), ascorbic acid, fungal amylases (derived from *A. niger* and *A. oryzae*)

String Icing: Icing Sugar (contains **corn starch**), water, sugar, maltodextrin, modified **corn starch**, guar gum, titanium dioxide, **citric acid**, agar, potassium sorbate, ammonium alginate, calcium alginate, colour, artificial flavour.

Cinnamon Topping: Sugar, brown sugar, spice, **hydrogenated soybean oil**, caramel colour, molasses, flavour, maltodextrin, calcium silicate.

8. Crisp Topping:

Brown sugar, flour (**flour**, malted barley flour), oats, partially hydrogenated vegetable oil (**cottonseed** and/or **soybean**), margarine (**partially hydrogenated soybean** and **cottonseed oils** with **cultured nonfat milk**, salt, mono and diglycerides, lecithin, butter flavours, coloured with beta carotene, vitamin A), [contains 2% or less of the following: spice, natural and artificial flavour (**dried cream extract**)]

9. Dinner Mints:

Sugar, corn syrup, peppermint oil, artificial colours (F.D. & C Red #3, Red #40, Blue #1, & Yellow #5)

10. Double Chocolate 8" Cake (Birthday Cake)

Sponge: sugar, water, enriched **wheat flour**, liquid **whole egg**, **soybean**, cottonseed and/or canola oil shortening, cocoa, baking powder, **skim milk** powder, salt, propylene glycol mono fatty acid esters, sodium stearoyl-2-lactylate, sodium aluminum phosphate, xanthan gum.



Icing: icing sugar, hydrogenated canola and **soybean oil** shortening (contains hydrogenated modified palm oil), hydrogenated canola oil margarine, water, cocoa powder, **skim milk** powder, artificial flavour, salt, potassium sorbate.

Other: sugar, **corn starch**, hydrogenated palm kernel oil, cocoa powder, **soya lecithin**, confectioners edible shellac, gum arabic. **May contain nuts.**

11. Dry Sundae Toppings:

➤ Chocolate Rainbow Chips:

Sugar, hydrogenated vegetable oil (canola and/or **cottonseed**), **milk solids**, **soya lecithin**, vanillin

➤ Miniature Gummi Bears:

Corn syrup, sugar, K-gelatin (from pure pork), sorbitol, **citric acid**, **lactic acid**, fumaric acid, artificial and natural flavours, colours (yellow #5, blue #1)

➤ Oreo Cookie Crumbs:

Icing sugar, **enriched flour**, vegetable shortening (**coconut oil**, vegetable [canola and/or **soya** with a **cottonseed** hardner]), cocoa, corn starch, glucose, salt, **modified milk ingredient**, sodium bicarbonate, **soya lecithin**, artificial flavour

➤ Rainbow/Tropical Nerds:

Sugar, dextrose, malic acid, corn syrup, artificial and natural flavours, artificial colours, carnauba wax, tartrazine

➤ Baby Candy Pacifiers: Dextrose, citric acid, calcium stearate, artificial flavours and colours

➤ Candy Rascals (Candy Fruit Shapes):

Dextrose, **citric acid**, calcium stearate, tapioca dextrin, confectioner's glaze, titanium dioxide, carnauba wax, artificial flavours, artificial colours

➤ Mini Marshmallows:

Corn syrup, sugar, corn starch, water, gelatin (from pure pork), artificial flavour

12. String Icing (Dessert Pizza):

Icing sugar (contains corn starch), water, sugar, maltodextrin, modified corn starch, guar gum, titanium dioxide, **citric acid**, agar, potassium sorbate, ammonium alginate, calcium alginate, artificial flavour

13. Pineapple Tidbits in Juice:

Pineapple, pineapple juice and **citric acid**

14. Strawberry Sundae Topping:

Water, sugar, strawberries, pectin, **citric acid**, locust bean gum, potassium sorbate, **ascorbic acid**, natural and artificial flavour, colour, calcium chloride



15. Yogurt, Dry Mix:

Sugar, **milk ingredient (skim milk powder)**, **modified milk ingredient (whey powder)**, fructose, guar gum, xanthan gum, cellulose gum, natural and artificial flavour, bacterial culture

16. Sugar Pie (Quebec):

Brown sugar, **modified milk ingredients**, **flour**, hydrogenated vegetable oil (may contain hydrogenated and modified palm oil), water, **whole liquid eggs**, modified corn starch, sugar, glucose, apricot puree, vegetable oil margarine (palm oil), salt, L-cysteine hydrochloride, natural flavour, pectin, **citric acid**, sodium alginate, sodium citrate, potassium sorbate, dimethylpolysiloxane, colour

17. Country Berry Fruit Cup:

Apples, water, concentrated raspberry and strawberry purees, fruit and vegetable juices for colour(carrot, red cabbage, cherry), concentrated blueberry puree, **ascorbic acid**, natural flavour.

18. Original Apple Fruit Cup:

Apples, glucose-fructose, water, **ascorbic acid**

19. Peach Mango Fruit Cup:

Apples, water, glucose-fructose, sugar, mango puree, peach puree, natural flavour, **ascorbic acid**, colour.

20. Unsweetened Apple Fruit Cup:

Apples, water, **ascorbic acid**.

21. Strawberry Fruit Cup:

Apples, water, glucose-fructose, strawberry puree, sugar, natural flavour, **ascorbic acid**, colour.

22. Peach Medley Fruit Cup:

Apples, water, concentrated mango and peach purees, natural fruit and vegetable juices for colour(carrot, pumpkin), natural flavour, **ascorbic acid**.

23. Flavour Wave Fruit By The Foot:

Sugar, maltodextrin, fruit ingredients (concentrated grape and pear purees), corn syrup, **hydrogenated cottonseed oil**, carrageenan, **citric acid**, natural and artificial flavours, monoglycerides, sodium citrate, malic acid, acetylated monoglycerides, xanthan gum, **ascorbic acid**, locust bean gum, potassium citrate, colour.



24. Strawberry Fruit By The Foot:

Sugar, maltodextrin, fruit ingredients (concentrated grape and pear purees), corn syrup, **hydrogenated cottonseed oil**, carrageenan, **citric acid**, natural and artificial flavours, monoglycerides, sodium citrate, malic acid, acetylated monoglycerides, xanthan gum, **ascorbic acid**, locust bean gum, potassium citrate, colour.

25. Rainbow Punch Colour By The Foot:

Sugar, maltodextrin, fruit ingredients (concentrated grape and pear purees), corn syrup, **hydrogenated cottonseed oil**, carrageenan, **citric acid**, natural and artificial flavours, monoglycerides, sodium citrate, malic acid, acetylated monoglycerides, xanthan gum, **ascorbic acid**, locust bean gum, potassium citrate, **colour (contains tartrazine)**.

FROZEN PAN DOUGHS

1. Pan Dough, Frozen:

Enriched flour, water, **cream yeast**, salt, sugar, **soybean oil**, sodium stearoyl-2-lactylate, acetylated tartaric acid esters of mono and diglycerides, **ascorbic acid**, enzyme, potassium sorbate

2. 4 for All Dough, Frozen

Enriched Bleached **Wheat** Flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (Partially hydrogenated **soybean oil**), yeast. May contain 2% or less of: salt, sugar, vital wheat gluten, enzymes and ascorbic acid, fumaric acid.

FRESH PAN DOUGHS

1. Pan Dough Blend:

Salt, sugar, yeast (*saccharomyces cerevisiae*), **wheat flour**, monoglycerides (vegetable origin), diacetyl tartaric esters of mono-di glycerides of fatty acids (vegetable origin), **ascorbic acid**, fungal amylases (derived from *A. niger* and *A. oryzae*)

2. Pan Dough Flour

Wheat flour, benzoyl peroxide, niacin, iron, **ascorbic acid**, thiamine mononitrate, **fungal alpha amylase**, riboflavin, folic acid

FRESH DOUGHS



1. American Classic Dough Blend

Salt, Baker's Yeast (*Saccharomyces cerevisiae*), Sugar, Dehydrated fermented **wheat flour**, **Wheat gluten**, Yeast flavour, **Whey powder**, Emulsifier (vegetable origin), E472e (diacetyltartaric esters of mono and diglycerides of fatty acids), Deactivated yeast, Sunflower oil, Flour treatment agent: E300 (ascorbic acid), Processing acids: alpha amylase, hemicellulases.

2. Stuffed Crust/Classic Premix

Enriched bleached flour (**bleached wheat flour**, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), **soybean oil**, salt, dairy blend (**whey**, **nonfat dry milk**, **buttermilk**), fructose, yeast, **modified food starch** (corn and **wheat**), corn syrup solids

3. Thin 'n Crispy Premix

Enriched bleached flour (**bleached wheat flour**, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), **soybean oil**, yeast

DRESSINGS

1. 1000 Island Dressing

Unifine Richardson: Canola and/or **soya oil**, water, sugar/glucose-fructose, relish, vinegar, tomato paste, salt, **frozen yolk**, cucumber juice, xanthan gum, propylene glycol alginate, spices (**soybean oil**), potassium sorbate, sodium benzoate, dehydrated garlic, dehydrated onion, colour (**soybean oil**), seasoning, calcium disodium EDTA, **autolyzed yeast extract**
Kraft: Canola oil, water, sugar, vinegar, chopped pickles, tomato paste, **egg yolk**, salt, mustard, xanthan gum, dried onion, polysorbate 60, propylene glycol alginate, spices and seasonings, potassium sorbate, calcium disodium EDTA, colour (contains tartrazine)

2. Caesar

Unifine Richardson: Canola and/or **soya oil**, water, **romano cheese**, vinegar, **frozen yolk**, salt, sugar, **parmesan cheese**, spices, concentrated lemon juice, dehydrated garlic, seasoning (**anchovies**), lactic acid, potassium sorbate, sodium benzoate, dehydrated onion, **hydrolyzed yeast protein**, xanthan gum, propylene glycol alginate, natural flavour, **anchovy paste**, **citric acid** calcium disodium EDTA, disodium inosinate, disodium guanylate
Kraft: Canola oil, water, **parmesan and romano cheese**, garlic, vinegar, sugar, salt, **egg yolk**, **anchovy paste**, **lactic acid**, lemon juice concentrate, spices and seasonings (contains **wheat** and **soybean**), **hydrolyzed soy protein**, xanthan gum, phosphoric acid, sorbic acid, polysorbate 60, propylene glycol alginate, calcium disodium EDTA



Unilever: **Soybean Oil**, Water, Vinegar, Sugar, **Liquid Whole Egg**, **Liquid Yolk**, Salt, **Parmesan Cheese**, **Yeast Extract**, Dehydrated Garlic, Spices, Flavour, **Anchovy Paste**, Xanthan Gum, Potassium Sorbate, Garlic Extract, Calcium Disodium EDTA, **Citric Acid**, **Soy Flour**, **Soy Lecithin**.

3. French

Unifine Richardson: Canola and/or **soya oil**, water, glucose-fructose, vinegar, salt, spices (**soybean oil**), garlic powder, onion powder, xanthan gum, calcium disodium EDTA

Kraft: Canola oil, water, sugar, vinegar, salt, mustard flour, paprika, xanthan gum, propylene glycol alginate, spices, calcium disodium EDTA

4. Italian (Lite)

Unifine Richardson: Water, vinegar, canola and/or **soya oil**, sugar, salt, propylene glycol alginate, xanthan gum, dehydrated garlic, dehydrated red pepper, potassium sorbate, spices, colour (**soybean oil**), calcium disodium EDTA.

Kraft: Water, vinegar, sugar, canola oil, garlic puree, salt, dried garlic, xanthan gum, dried onion, dried red bell pepper, black pepper, red pepper, oregano, tarragon, calcium disodium EDTA, colour (contains tartrazine)

Italian Lite cntd.:

Unilever: Water, **Soybean Oil**, Vinegar, Sugar, Corn Syrup, Maltodextrin, Salt, **Skim Milk Powder**, Microcrystalline Cellulose, Dehydrated Vegetables (Garlic, Red Pepper, Parsley), Spices, Xanthan Gum, Onion Powder, Propylene Glycol Alginate, Potassium Sorbate, Calcium Disodium EDTA, colour (Contains **Tartrazine**), Cellulose Gum.

5. Honey Mustard

Unilever: Water, Glucose-Fructose, **Soybean Oil**, Honey, Sugar, Vinegar, Salt, Mustard (Water, Vinegar, Mustard Seed, Salt), **Liquid Yolk**, Spices, **Modified Corn Starch**, Dehydrated **Sour Cream (Modified Milk Ingredients)**, Bacterial Culture), Onion Powder, Xanthan Gum, Polysorbate 60, Colour (contains **Tartrazine**), Propylene Glycol Alginate, Calcium Disodium EDTA, **Citric Acid**.

6. Ranch

Unifine Richardson: Canola and/or **soya oil**, water, vinegar, sugar, **buttermilk powder**, **frozen yolk**, salt, natural flavour (**soybean oil**, **soy lecithin**, **milk ingredients**), spices, potassium sorbate, **citric acid**, sodium benzoate, **lactic acid**, xanthan gum, propylene glycol alginate, dehydrated parsley, calcium disodium EDTA

Kraft: Canola oil, water, sugar, **egg yolk**, vinegar, salt, **skim milk powder**, garlic juice, flavours, **monosodium glutamate**, xanthan gum, phosphoric acid, sorbic acid, polysorbate 60, spices and herbs, lemon juice concentrate, calcium disodium EDTA

7. Sweet Italian Vinaigrette



Unifine: Canola and/or **soya oil**, water, glucose-fructose, **parmesan cheese**, salt, spices, dehydrated garlic, concentrated lemon juice, dehydrated onion, xanthan gum, dehydrated red pepper, potassium sorbate, sodium benzoate, dehydrated parsley.

8. La Flora

Canola and/or **soya oil**, water, vinegar, **monosodium glutamate**, sugar, salt, spice, dehydrated garlic, dehydrated parsley, xanthan gum, propylene glycol alginate, sodium benzoate, natural flavour, calcium disodium EDTA, **citric acid**

MEATS

1. Anchovies

Anchovies, pure olive oil, sea salt

2. Bacon Bits/Bacon Topping

Pork, water, salt, sodium phosphate, sodium erythorbate, sodium nitrite, spices, smoke (may contain sugar, potassium chloride, maple flavour and maple syrup)

3. Beef Topping

Beef, water, **soy protein**, seasoning (contains: salt, spices [dextrose, sugar, flavour, **autolyzed yeast extract**, maltodextrin, silicon dioxide (mfg aid)], dextrose, sugar, **autolyzed yeast**, flavour), salt

4. Chicken Diced

Chicken, water, salt, modified cornstarch, sodium phosphate, dextrose, dehydrated garlic, spice, flavour, onion powder, hydrogenated vegetable oil (hydrogenated **soybean** and/or **cottonseed oil**), tricalcium phosphate

5. BBQ Chicken Wings

Chicken wings (tips removed), water, seasoning (water, sugar, tomato paste, liquid brown sugar, vinegar, hickory smoke flavour, salt, modified corn starch, mustard flour, flavour, spice, caramel colour), **soy protein**, salt, sodium phosphate, carrageenan, caramel powder (**sulphite** <50 ppm), flavour (maltodextrin, lemon juice solids), spice (**soya oil**), browned in vegetable oil (**soya**)

6. Chicken Wings, Medium

Chicken wings (tips removed), Cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, garlic), water, seasoning (salt, sugar, spice, garlic powder), **hydrolyzed milk protein**,



sodium phosphate, salt, artificial **butter flavour**, oleoresin of paprika, celery powder, browned in vegetable oil (canola)

Maple Leaf: vegetable oil (hydrogenated **soy oil**)

7. Chicken Wings, Hot

Chicken wings (tips removed), cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, garlic), water, **hydrolyzed milk protein**, seasoning (salt, sugar, spice, garlic powder), sodium phosphate, salt, oleoresin of paprika, artificial **butter flavour**, celery powder, browned in vegetable oil (canola)

Maple Leaf: vegetable oil (hydrogenated **soy oil**)

8. Italian Sausage Topping

Pork, water, seasonings (contains: salt, spices [sugar, **autolyzed yeast**, silicon dioxide (mfg aid)], sugar, **autolyzed yeast**)

9. Julienne Ham

Ham, water, corn syrup solids, salt, sugar, sodium phosphates, carrageenan, sodium erythorbate, sodium nitrite, spice, smoke flavour

10. Pepperoni, dry cured

Pork, beef, salt, spices [dextrose, granulated garlic, sodium erythorbate, **hydrogenated soybean oil** (mfg aid) *Treated with **sulphiting** agents, may contain up to 23 ppm **sulphites**], **vegetable protein**, water, dextrose, dried garlic, sodium erythorbate, **lactic acid** starter culture, sodium nitrite, hydrogenated vegetable oil (**soybean**) (aid)

11. Pork Topping

Pork, water, **soy protein**, seasoning (contains: salt, spices [sugar, **autolyzed yeast**, dried yeast, onion powder, dehydrated beef broth, flavour, **hydrogenated soybean oil** (mfg aid), **autolyzed yeast extract**, silicon dioxide (mfg aid), garlic powder, sugar, **autolyzed yeast**, beef extract, dextrose, cooked beef, **torula yeast powder**, onion powder, beef broth powder, garlic powder])

OILS

1. Butter Flavoured Oil

Canbra Foods: Liquid canola oil, **natural butter flavour**, **soybean lecithin**, vitamin A palmitate, coloured with Beta-carotene, BHA, BHT

Canamera Foods: hydrogenated vegetable oil (canola and/or soya), **lecithin (contains soy)**, artificial butter flavour (contains **modified coconut oil**), colour

2. Canola Oil:

Canola oil



3. Shortening, Liquid:

Canamera: Hydrogenated vegetable oil (canola and/or **soya**), dimethylpolysiloxane

Canbra: Hydrogenated canola oil, BHA, BHT, dimethylpolysiloxane

4. Vegetable Oil:

Soya or canola oil, dimethylpolysiloxane

PASTA

1. Cheese Tortellini:

Pasta: enriched durum semolina (**semolina** , niacin, ferrous sulphate, thiamine mononitrate, riboflavin, folic acid), water, **liquid whole egg, egg yolk**

Filling: cheese [**ricotta, pecorino romano, parmesan (whey, milk, sheep's milk,** bacterial culture, **citric acid**, salt, rennet and/or microbial enzyme, calcium chloride, lipase)], **toasted wheat crumbs**, canola oil, **whey powder**, salt, garlic powder, onion powder

2. Fettucini:

100% **Durum semolina** with enrichment (niacin, riboflavin, thiamin mononitrate, ferrous sulphate and folic acid)

3. Elbow Macaroni Noodles:

100% **Durum semolina** with enrichment (niacin, riboflavin, thiamin mononitrate, ferrous sulphate and folic acid)

4. Rotini:

100% **Durum semolina** with enrichment (niacin, riboflavin, thiamin mononitrate, ferrous sulphate and folic acid)

5. Spaghetti:

100% **Durum semolina** with enrichment (niacin, riboflavin, thiamin mononitrate, ferrous sulphate and folic acid)

6. Lasagna, meat:

Pasta (wheat and may contain **egg**), tomato, beef, water, **cheese**, salt, modified cornstarch, sugar, onion, **wheat flour, soy oil** and **hydrogenated soy oil, hydrolyzed soy protein**, colour, garlic, spices, **autolyzed yeast extract**, dried beef stock and flavour

7. Macaroni and Cheese:



Skim milk, macaroni (water, semolina flour [**wheat flour**, niacin, iron, thiamine mononitrate, riboflavin, folic acid]), cheddar cheese (**cultured milk**, salt, enzymes, colour [annatto and vegetable colour]), **soy oil margarine**, enriched flour (**wheat flour**, niacin, iron, thiamine mononitrate, riboflavin, folic acid), cold pack cheddar cheese (**cheddar cheese, cheese culture**, salt, enzymes), modified corn starch (corn starch, maltodextrin), salt, pepper

PRODUCE

1. French Fries

Potatoes, partially hydrogenated canola and/or **soybean oil, wheat flour**, corn starch, modified corn starch, rice flour, salt, tapioca dextrin, vegetable oil (**soybean** and/or canola oil), spices, xanthan gum, sodium acid pyrophosphate

2. Mushrooms, sliced

- Loveday Mushrooms has stated that their mushrooms are not washed in anything and there are no allergens prepared along side them
- Money's Mushrooms' has stated that their mushrooms are unwashed. However during the growing process several additives are added to the irrigating water (chlorine, calcium chloride, benlate)

3. Green Olives, sliced

Olives, water, salt, and **lactic acid**

4. Olives Black, (sliced):

Ripe olives, water, salt, ferrous gluconate

5. Onions, Red Sliced:

"I&S": washed in sodium hypochlorite and **citric acid**

"Four Seasons Food Ltd": uses a processing aid called, "Tsunami" by Ecolab

"Martha's Garden": prepared using a diluted chlorine wash

6. Green Peppers, Sliced:

"I&S": washed in sodium hypochlorite and **citric acid**

"Four Seasons Food Ltd": uses a processing aid called, "Tsunami" by Ecolab

"Martha's Garden": prepared using a diluted chlorine wash



7. Hot Peppers:

Peppers, water, white vinegar, salt, calcium chloride, sodium benzoate, spices, turmeric, polysorbate 80

SAUCES

1. Cheesy Alfredo Sauce:

Water, **milk, cream, parmesan cheese, butter, milk ingredients, whey powder, natural butter flavour**, modified cornstarch, salt, garlic, sodium tripolyphosphate, spice, **cheese flavour**

2. Butter, Garlic Dry Mix:

Modified milk ingredients, hydrogenated vegetable oil (**hydrogenated soybean oil**), **lactose**, maltodextrin, salt, modified corn starch, silicon dioxide (anti-caking agent), garlic powder, flavours (**butter flavour and margarine flavour**), **lecithin (contains soy)**, dipotassium phosphate, sodium silicoaluminate (anti-caking agent), seasoning, **citric acid**, xanthan gum, and colour

3. Meat Sauce (bulk):

Tomatoes, water, beef, tomato paste, canola oil, onions, sugar, modified **corn starch**, salt, garlic, spices, parsley

4. Sweet Pizza Sauce:

Tomato paste, water, high fructose corn syrup, salt, **dry garlic (sulphites- Conagra)**, **spices (soybean oil- Kagome, Paradise Tomato..)** **romano cheese (from's cow's milk)**, and **citric acid**

***Note:** sauce supplied to Western Canada does NOT contain Romano cheese

5. Pan & 4 For All Pizza Sauce (Tomato Sauce Concentration with Spice):

Tomato paste, water, salt, **spices (soybean oil- Kagome, Paradise Tomato.)**, garlic powder, **citric acid** and **soybean oil** (processing aid)

6. Poutine:

Water, sauce mix (modified corn starch, glucose solids, salt, hydrolyzed plant protein (**soybean and corn gluten**), vegetable shortening (canola, **soybean, cottonseed** and palm), calcium silicate, tomato powder, onion powder, **citric acid**, caramel, spice, garlic powder, dextrose, flavour (**torula yeast**), silicon dioxide, disodium inosinate, disodium guanylate), modified corn starch, canola oil, flo jr., **citric acid**, flavour (**torula yeast**), garlic powder, onion powder, caramel, potassium sorbate



7. Tomato Sauce:

Tomatoes, water, canola oil, garlic, sugar, salt, modified **cornstarch**, spices

8. Napoli Sauce (Quebec):

Tomatoes, water, canola oil, garlic, salt, sugar, modified **cornstarch**, herbs

9. Dipping Sauce, Hot Louisiana:

Water, **Soybean Oil**, Vinegar, Glucose-Fructose, Corn Syrup, Tomato Paste, Salt, Cayenne Pepper Sauce (Aged Cayenne Peppers, Vinegar, Salt, Garlic Powder), Modified Corn Starch, Flavour, Spice Extract, Xanthan Gum, Polysorbate 60, Spices, Onion Powder, Garlic Powder, Potassium Sorbate, Calcium Disodium EDTA, Citric Acid, **Soy Lecithin**.

10. Dipping Sauce, Marinara:

Water, Tomato paste, Corn Syrup, Glucose-Fructose, Salt, Olive Oil, Onions, Vinegar, Sugar, Spices, Flavour, **Citric Acid**, Modified Corn Starch, Phosphoric Acid, Xanthan Gum, Potassium Sorbate, Sodium Benzoate, Dehydrated Parsley, Calcium Disodium EDTA, Colour.

11. Dipping Sauce, Ranch:

Soybean Oil, Water, Vinegar, Sugar, Glucose-Fructose, Salt, **Modified Milk Ingredients**, Corn Syrup, Modified Corn Starch, **Dried Yeast**, **Monosodium Glutamate**, Garlic Powder, Polysorbate 60, Xanthan Gum, Phosphoric Acid, Artificial Flavour, Spices, Lemon Juice Concentrate, Potassium Sorbate, Onion Powder, Flavour, Dehydrated Chives, Colour, Calcium Disodium EDTA, **Citric Acid**.

12. Dipping Sauce, Roasted Garlic (Creamy):

Soybean Oil, Water, Corn Syrup, Vinegar, Glucose-Fructose, Roasted Garlic Extract, Salt, Modified Corn Starch, Maltodextrin, Dehydrated Garlic, Xanthan Gum, Polysorbate 60, Spices, **Dried Yeast**, Onion Powder, Flavour, Lemon Juice Concentrate, Potassium Sorbate, Calcium Disodium EDTA, **Citric Acid**.

SEASONINGS

1. Breadstick Seasoning:

Grated parmesan cheese, romano cheese made from **cow's milk** and other hard grating **cheese blend** (all from **cultured part skim milk**, salt, enzymes, powder cellulose or sodium aluminosilicate added as an anticaking agent), salt, spices, dehydrated garlic, sodium aluminosilicate added as an anticaking agent, maltodextrin

2. Garlic Cheese Herb Blend (replaces cheese herb blend):



Parmesan and Romano **Cheese** (**Milk**, Bacterial Culture, Salt, Microbial Enzymes, Calcium Chloride, Lipase), Spice, Dehydrated Garlic, Salt, Flavour, Calcium Silicate

3. Caesar Salad Croutons:

Toasted wheat crumbs, vegetable oil shortening (**soybean**), sugar, salt, garlic powder, onion powder, **parmesan cheese**, dehydrated parsley, **citric acid**, flavour, **autolyzed yeast extract**, spices, colour, disodium inosinate, disodium guanylate

4. Sweet Chipotle Smoky BBQ Sauce Seasoning

Brown Sugar, Sugar, Tomato Powder, Salt, Modified **Corn Starch**, Spices, Xanthan Gum, Artificial Flavour (Malic Acid, Sodium Acetate, **Lactose**, Fumaric Acid), Caramel, Smoke Flavour, Modified Hydrogenated **Soybean Oil** (Mfg Aid), **Citric Acid**, Garlic Powder, Malic Acid, Jalapeno Pepper Powder, **Wheat Maltodextrin**, Onion Powder, Dehydrated Garlic, Flavour (Contains Worcestershire Sauce Powder (Molasses, Vinegar, Corn Syrup, Caramel, Garlic, Sugar, Spices, Tamarind), **Citric Acid**, Smoke Flavour) Chipotle Chili Pepper, Hydrolyzed Plant Protein (Wheat, Soy), Barley Malt Vinegar Powder, **Autolyzed Yeast Extract**.

5. Sugar Packets:

100% white sugar

SOUPS

1. Classic Chicken Noodle

Chicken Broth, Egg Noodles (enriched **wheat** flour, **egg** whites), seasoned chicken, water, mechanically separated chicken, carrots, rehydrated onions, celery, modified **corn** starch, salt, broccoli, chicken flavour, **yeast** extract & hydrolyzed **wheat** gluten, sugar, spice, **chicken fat**, disodium guanylate, disodium inosinate, vinegar, parsley flakes

2. Cream of Mushroom

Mushrooms, water, **cream**, vegetable oil, modified **corn** starch, skim **milk** powder, enriched **wheat** flour, salt, sugar, **yeast** extract and hydrolyzed **wheat** gluten, vinegar, mushroom flavour, soy sauce (water, **soybeans**, salt, wheat, dextrin), disodium guanylate, disodium inosinate, spice

3. Italian Style Wedding

Macaroni, chicken broth, beef, water, spinach, salt, modified **corn** starch, bread crumbs, **chicken fat**, gelatin, **soy** protein isolate, chicken flavour (contains **milk** solids), sugar, dehydrated garlic, dehydrated onions, caramel, disodium guanylate, disodium inosinate, spice, flavour, parmesan **cheese**

4. Tomato Garden Vegetable Rotini



Water, tomato paste, rotini pasta (enriched **wheat** flour, **egg** white), diced tomatoes (tomatoes, tomato juice, calcium chloride, citric acid), carrots, celery, green beans, onions, modified **corn** starch, salt, sugar, carrot juice concentrate, spice, dehydrated garlic, celery concentrate, onion powder, disodium inosinate, disodium guanylate

5. Tomato Tortellini

Water, tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), tomato paste, beef tortellini [pasta (enriched **wheat** flour, **eggs**, water salt) filling (beef, bread crumbs, carrots, onion, celery, salt, parsley, beef flavour, garlic powder, onion powder, spice)], onions, spinach, modified **corn** starch, beef flavour, sugar, salt, enriched wheat flour, parmesan **cheese**, **yeast** extract & hydrolyzed **wheat** gluten, burgundy wine (contains **sulphites**), flavour, onion powder, spice, tobasco sauce (distilled vinegar, fermented peppers, salt), garlic powder

6. Vegetable Beef

Water, rehydrated potatoes (sodium phosphate), carrots, seasoned beef, rehydrated onions, tomatoes (tomatoes, tomato juice, salt, citric acid, calcium chloride), celery, peas, tomato paste, **corn**, cabbage, beef flavour, **enriched wheat** flour, salt, lima beans, turnips, modified **corn** starch, canola or **soybean oil**, sugar, **beef fat**, **yeast** extract, whey flavour, caramel, **soy lecithin**, garlic powder, spice, parsley flakes

SPRAYS

1. Griddle Mate (food release):

Soybean oil, **lecithin**, propellant (percent propane, percent isobutane, percent normal butane)

2. Butter Garlic Spray (stuffed crusts):

A unique blend of corn oil & extra virgin olive oil, natural **butter flavour**, natural garlic flavour, beta carotene, propellant (percent propane, percent isobutane, percent normal butane)

BEVERAGES/OTHER

1. Tea:

Orange pekoe tea

2. Milkettes:

Partly skimmed milk, vitamin A palmitate, vitamin D₃

3. Creamer:

Cream, **milk**, sodium citrate



4. Coffee:

100% coffee

5. Coffeemate (Carnation Brand):

Glucose syrup, hydrogenated canola oil, **sodium caseinate**, dipotassium phosphate, monoglycerides, tricalcium phosphate, acetylated tartaric acid esters of mono- and diglycerides, artificial flavour, **citric acid**, BHT, colour

6. Hot Chocolate:

Skim milk powder, sugar, vegetable shortening (may contain one or more of the following: canola, **coconut**, **soy** or palm kernel oil), corn syrup solids, instant coffee, **sodium caseinate**, cocoa, flavour and artificial flavour, sodium carboxymethylcellulose, silicon dioxide, dipotassium phosphate, salt, carrageenan, **soy lecithin**, mono- and diglycerides, sodium stearoyl-2-lactylate, colour

7. Iced Tea:

Filtered water, glucose-fructose, **citric acid**, real brewed tea, natural flavour

8. Lipton Ice Tea:

Glucose-fructose and/or sugar, treated water, **citric acid**, instant tea powder, caramel colour, potassium sorbate, sodium benzoate, colour

9. Seven-Up:

Carbonated water, **citric acid**, flavours, malic acid, sodium citrate, **aspartame**, sodium benzoate and acesulfame potassium

- "as consumed" formula

10. Dr. Pepper:

Caramel colour, **aspartame**, sodium benzoate, caffeine, phosphoric acid, flavour (1x5), potassium sulfate

11. Root Beer:

Carbonated water, colour, **aspartame**, sodium benzoate, flavour, **citric acid**, modified food starch and gum arabic

12. Pepsi:

Fountain Syrup: glucose-fructose and/or sugar, treated water, caramel colour, phosphoric acid, caffeine, sodium benzoate, **citric acid** and flavours



- "as consumed" formula

13. Diet Pepsi:

Bottling/Canning Ingredients: carbonated water, caramel colour, phosphoric acid, **aspartame**, sodium benzoate, caffeine, natural flavours, acesulfame potassium and **citric acid**